

Eligibility

Children between the ages of 8-18 who are on dialysis, are post-transplant, or with chronic kidney disease, are eligible to attend Frost Valley YMCA through our partnership with the Ruth Gottscho Dialysis and Children's Kidney Program. Children must be medically stable, Hep B Surface Antigen negative, and able to walk at least 200 yards unassisted. Children on peritoneal dialysis must be trained and able to perform CAPD with assistance from our staff.

Please let us know if your camper has any other special needs and we will do our best to accommodate them.

Scholarships for camp tuition are provided for every camper by the Ruth Gottscho Kidney Foundation, The American Kidney Fund, The Kidney and Urology Foundation of America, and other local and national organizations.

For further information or a camper application, please call us at 718-655-1120 x229, email mdoyle@montefiore.org or visit www.FrostValley.org and search "Kidney Program"

OUR PARTNERS:

Ruth Gottscho Dialysis and Children's Kidney Program

Children's Hospital at Montefiore
Division of Pediatric Nephrology
111 East 210th Street, Bronx, NY 10467
718-655-1120 • fax : 718-652-3136
mdoyle@montefiore.org • www.montekids.org

The Ruth Gottscho Kidney Foundation

7 West Beechcroft Road
Short Hills, NJ 07078
973-564-6060 • www.gottschokidney.org

Frost Valley YMCA

2000 Frost Valley Road
Claryville, NY 12725-5221
845-985-2291 • www.frostvalley.org

Our Mission For over one hundred years, our values and purpose remain the same: to put Judeo/Christian principles into practice through programs that build a healthy spirit, mind and body for all. As a charitable organization, we raise funds throughout the year for camperships that cover the costs of camp for children who would not otherwise be able to attend. To help us give the gift of camp to a child, please contact our Development Office in Montclair, NJ, at 973-744-3488 or email development@frostvalley.org.



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(845) 985-2291 • Fax: (845) 985-0056

www.FrostValley.org

Summer Camp FOR KIDS WITH Kidney Disease



"I never knew life could be like this"

ABOUT THE Camper Experience

In 1975, Frost Valley YMCA established the nation's first mainstream camp experience for children with kidney disease, through the vision and generosity of the Ruth Gottscho Kidney Foundation. Since then, Frost Valley has welcomed over 1,200 young campers every summer in this program. Each child lives the traditional sleepaway camp experience while gaining confidence and independence, in what may be their first time away from home. Campers are able to meet other children with medical problems similar to their own, and are able to be "teachers" to their counselors and cabin-mates. They may learn new skills or improve techniques for managing and coping with their medical condition.

Most importantly, the children participate as fully as possible in all camping activities, and meet a diverse group of campers and camp staff, from around the country and around the world. Their fellow campers and counselors also have the chance to experience the challenges (and victories) of being a young person with kidney disease; one young counselor was even inspired to become a transplant surgeon! Campers and staff alike create lasting memories and build friendships that last a life-time.

This program brings children to camp who are:

- receiving hemodialysis or peritoneal dialysis
- diagnosed with chronic kidney disease, or with kidney impairment due to chronic, congenital or rare disorders, such as FSGS, Lupus, Cystinosis, and many others
- kidney transplant recipients



ABOUT THE Ruth Gottscho Dialysis Center & Children's Kidney Program

In 2008, our facility will relocate to its new home at Frost Valley, the Guenther Family Wellness Center. This unique facility provides a state of the art space for hemodialysis and continuous ambulatory peritoneal dialysis (CAPD) onsite at camp, and for medical management of children with chronic kidney disease or kidney transplants. Children receive all necessary medical care under the careful supervision of the Ruth Gottscho Dialysis and Children's Kidney Program, coordinated and staffed by the Division of Pediatric Nephrology, Children's Hospital at Montefiore.

Special attention is given to the individual medical and developmental needs of each child, and treatment schedules are arranged to allow for maximum participation in the active camp life. Back-up medical facilities are provided locally by Kingston Hospital and by the Children's Hospital of Montefiore in coordination with campers' home hospitals. 24-hour emergency services are provided at the Wellness Center.



we value INCLUSIVENESS *"No person or group is left out at Frost Valley."*

we value DIVERSITY *"Respecting everyone for what they give to the world."*

we value COMMUNITY *"To be part of something bigger than ourselves."*